



UINTA SENIOR CITIZENS & UINTA HOME HEALTH

Uinta Home Health is a non-profit corporation and a division of Uinta Senior Citizens, Inc

#SPOTTTHESUBARU CHALLENGE!



If you see our Meals on Wheels Subaru delivering meals around town, take a picture and send it to our

Facebook! Each month we will select a photo to advertise to our social media pages and newsletter!

See the Subaru around town? Snap a pic or selfie with it using the hashtag **#SPOTTTHESUBARU** and submit it for a chance to be selected!

We LOVE the support we get from our community and we are SO grateful to have the awesome donated Subaru to continue to deliver hot and fresh meals! Thank you all for your support!

-Your friends at Uinta Senior Center and Home Health :)

*Submit your #Subaru pics to either our Facebook or email them directly to Aminton@Uintasenior.org
#SPOTTTHESUBARU



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Evanston
Senior Center
1229 Uinta St.
Evanston, WY
307-789-3553
In Home Services
307-789-7712

Bridger Valley & Kemmerer
BV Senior Center
330 W. 2nd st.
Mtn. View, WY
307-782-6502
In Home Services

No. Lincoln County
In Home Services
307-885-2021

This document was developed in part, under grant (s) from the Wyoming Department of Health & Aging Division. However, these contents do not necessarily represent the policy of the Wyoming Department of Health, and you should not assume endorsement by the state government.

EVANSTON VOLUNTEERS

Silver Eagle Refinery & Staff
 Charlene Stam
 Joyce Garcia
 Shirley Campbell
 Mary Simm
 Ray Simm
 Barb Hager
 Glenna Richins
 Iretta Patrie
 LSR
 Lupita Echeverria (NGL)
 Renee Herold (NGL)
 Misty Coombes (NGL)
 Garrett Biebinger (NGL)
 Rocky Mountain Care Staff



Dave St. Priest
 Cindy Wasson
 Mickenzie Williams
 Mitch Mayer
 Betty Meyer
 Susan Frame
 Robert Davis
 Garnet Etcheverry
 Marriane Ayres
 Zac Peatross

**We LOVE our Volunteers !
 For Volunteer
 opportunities please
 contact
 Aimee Ottley in Evanston
 at
 307-789-3553 or via email
 at
 aottley@uintasenior.org**

Helping you. Live

Providing professional and compassionate care since 1994. Uinta Home Health provides trusted, client centered and client directed services, empowering individuals to remain independent and in their homes. We cover a wide range of services from skilled nursing to personal care.



Services include, but are not limited to

- Skilled Nursing
 - Wound Care
 - Medication Set Up
 - Physical Therapy
 - IV Medication Administration
 - PICC Line Care
 - Ostomy Care and Teaching
 - Catheter Care and Teaching
 - Lab Draws
 - Post Surgical Care
- Personal Care Assistance:**
- Showering, Dressing
 - Personal Hygiene
 - Homemaking
 - Laundry
 - Vitals Checked
 - Shopping
 - Respite
 - Range of motion
 - Meal Prep



Serving Evanston, Bridger Valley, Kemmerer and No. Lincoln County

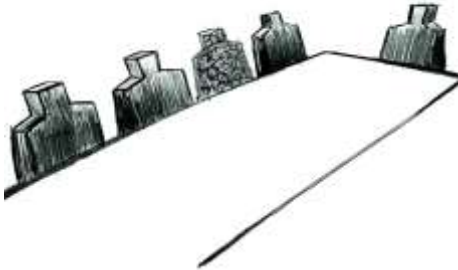
Not all services available in all areas
 Please call for details

CALL FOR CARE NOW: **307•789•7712**

Uinta Home Health is a nonprofit organization, and is a division of Uinta Senior Citizens Inc.

UINTA SENIOR CITIZEN CENTER &
UINTA HOME HEALTH BOARD OF DIRECTORS WOULD LIKE TO
HEAR FROM YOU!

SHARE YOUR IDEAS & THOUGHTS WITH OUR INCREDIBLE BOARD MEMBERS!



Uinta Senior Citizens Inc.
Next Board of Directors Meeting:

October 10th @ 4:00 pm

Where: Evanston Senior Center, 1229 Uinta St.

All meetings are open to the public.

To be added to the agenda, please call 789-3553

Public input is valued and encouraged!

Uinta Senior Citizens, Inc. Board of Directors

Casey Davis—Chairperson

Maurene Samuelson

Glenna Calmes—Secretary

Cara McDaniel

Sue Norman—Treasurer

Laurie Bateman

Aimee Ottley— Executive Director



**Awesome Volunteers of Bridger
Valley!**

Smith's
FOOD & DRUG STORES

Community minded,
friendly and helpful staff!

70 Yellow Creek Rd., Evanston

307-789-0532

Carlene Walker
Joe Reynolds
Hope Reynolds
Lynn Thomas
Jim Thomas
Dave Baer
Odena Bluemel
Pat Moon
Janice Clayton
Kari Short
Shirley Roitz
Kelly Berrier

Nancy Beck
Hope Benedict
Mark Walker
Sue Toomer
Lynne Elmlinger
Gayle Niemi
Ron Niemi
Randy Wall





Sue Norman, Teresa Frommel, Penny Williams, Aimee Ottley, and Larissa Sneider

On behalf of Uinta Senior Citizens I would like to extend a gracious thank you to all who attended our open house on Thursday, September 6th. We are pleased with the turnout from patrons, local agencies, and government officials... Uinta Senior Citizens has so much to offer those in need and the opportunity to share these programs is vital!

I would also like to thank the staff for assisting in the preparations of the Open House, your dedication to our purpose and goals is duly noted... You are all Rock Stars!



Chief Jon Kirby and Lieutenant Ken Pearson enjoying the food served at the Senior Center Open House

My new mantra: Onward and Upward

With utmost pride and gratitude

-Aimee Ottley
Executive Director
Uinta Senior Citizens



Thank you so much to the incredible volunteers, individuals, and businesses who donate their time and services to the Senior Center! We wouldn't be where we are without the love and support of our amazing community!



- Badland Bandits Poker Run—\$2,000
- Ty Perry - Friday morning donuts for seniors
- BVEA—Upgrading our Bridger Valley Daycare
- Dominion Energy— \$15,000
- EHS Soccer team—Loading our U-Haul
After our yard sale
- 1st Bank—Flower bouquet
- Barb McLaw—Misc. activities supplies
- Jody's Diner—Food/relish tray
- Gary Muller—Meat
- Cazin's—Paint
- Raun Ward— Painting the activity center



**For volunteering opportunities, please contact
Aimee Ottley in Evanston at 307-789-3553 or via email at
aottley@uintasenior.org**



*In
Loving
Memory
of*

We at the Senior Center and Uinta Home Health would like to acknowledge the life and passing of the following

- *Ronda Lamb
- *Norma Cook
- *Dodie Horton
- *Kaye Robirds
- * Nan McCurdy

All have left a great impact on our hearts and lives and we extend our most heartfelt sympathy to friends and families of those who have recently passed.



Uinta Senior Citizens Inc.
September Employee of the Month



**Congratulations to
Shellie Oliva**

September Employee of the Month.

“I have enjoyed being here with the Seniors and being able to set up more and more trips and different things for the Seniors to do. Plus listening to the stories the Seniors have to offer and getting to know them. “



NEW FACE AT UINTA SENIOR CITIZENS INC.



**Deanne Bradfield
RN.**



**Kathy Haggarty
Transportation**



**Cara McDaniel
Board Member**



**Laurie Bateman
Board Member**

NEED A LIFT?

GIVE US A CALL TO SCHEDULE TRANSPORTATION IN ONE OF OUR BUSES OR VANS



All ages welcome to ride the bus!

Medical appointments only \$1.50 each way for all ages!

PUBLIC TRANSPORTATION

Only \$3.00 each way ages 60+
Under 60 is \$5.00 each way
Rides: 8am to 3:00 pm

Call 789-3553, Evanston
Call 782-6502, Bridger Valley



Please Note:
Rates for Evanston Citizens are within city limits. Please call for information regarding rates out of our city limits.

Buses & Vans are fully equipped for handicap & wheelchairs




PARNELL'S
GLASS & BODYWORKS

201 Bear River Dr. • Evanston, WY 82930
parnell@gmail.com • (307) 789-1002 • Fax (307) 789-4143

AutoFarm 
Castle Rock

Kraig Dearden
Dealer Principal

624 Front Street
Evanston, WY 82930
Ph (307) 789-2681
Fax (307) 789-9607
Cell (801) 710-1873
kraig@autofarmgroup.com





- ◆ Senior Water Exercise:
50 yrs. or better:
Mon., Wed., Fri., 9am

- ◆ Senior Soak 'n Swim:
No charge, 60 or better,
Tues. & Thurs. 11am-1:30pm

Happy Hiker Club: No charge 60 or better. Free use of walking track at the Evanston Recreation Center. Pick up Happy Hiker Club punch card at your Evanston Senior Center

Pickleball for Seniors

Play using a special perforated, slower moving ball over a tennis type net on badminton sized court. Rec Center gym. Drop-in activity, 50 yrs. or better. Rec Center pass or admission.

September Tri-City Pool
Tournament
Bridger Valley Senior Center



First Place: Breezy
Second Place: Jack
Third Place: Tom



Bus passes and
meal cards are on
sale this month!

Was \$90

Now \$75



Sign up to receive our
monthly
newsletter emailed, or
mailed to you by
contacting
Amber Minton
at
aminton@uintasenior.org
Or
call
307-789-7712



SEPTEMBER BIRTHDAY LUNCH:

Left to Right: Marvin Hamilton, Larry Gaylord, Nita Bond, Kelly Hughes, Carol Davis, and Gale Smith



Bridger Valley Celebrates September Birthday!
2nd Friday of each month

August 10th, 2018!

Thank you Amy Oehler and Colette Carver for the birthday goodies and The Bokay for the flowers! Special thanks to 1st Bank, Mtn. View Branch for providing our birthday seniors a birthday lunch!

OCTOBER BIRTHDAYS - BRIDGER VALLEY SENIOR CENTER

- | | | | |
|------------------|--------------------|------------------|------------------|
| Patsy Bird | Keith Erickson | Mary Hysell | Ronald Rasmussen |
| Rodney Bluemel | Donald Fader | Terry Huntington | Donna Rooney |
| Claye Brown | Darlene Eyre | Jerry Huntington | Jerry Rooney |
| Niel Christensen | Gary Gaylord | Jeannette Ivey | Jerry Schell |
| Deon Condos | Cathryn Green | Larry Jackson | Brenda Roskie |
| Steven Cowden | Paula Hall | Jane Jaggi | Ellen Sheets |
| John Despain | Lola Hamilton | Morna Larsen | Darell Smith |
| Joseph Dolence | Charles Hornberger | Susan Porter | Edward Stevens |
| | | | Patricia Watson |
| | | | Marilee Wilde |





SEPTEMBER BIRTHDAY LUNCH:

l to r., back row: Gary Roper, Clarence Vranish, Troy Coltharp, Joe Dean
 l to r., front row: Iretta Patrie, Robert Gilmore, William Stonebraker, Vern Butler, and Steve Aaron

Evanston Senior Center Celebrates
 August Birthdays!
2nd Friday of each month

August 10th









Thank you to
Silver Eagle Refinery
 for sponsoring our monthly birthday lunches and
 helping us serve them to our Seniors!



OCTOBER BIRTHDAYS - EVANSTON SENIOR CENTER

Rose Avery	Steven Cluf	Gaylen Koyle	Evelyne South
David Bassett	Eddie Coe	Stella Leckie	Bruce Vaughn
Luana Bennington	Sue Decker	Beryl Lester	Clara Vranish
Shiela Brady	Cathy Frame	Kevin Limb	Shirley Walker
John Broghy	Jerry Golding	Thomas Lindsay	Peggy Watson
Joseph Burton	Scott Greer	Sandra Najjar	Sammie Weathersby
Maxine Bye	Diana Groneman	Veronica Shupe	Janice Welch
Ed Close	Vernold Hunt	Alan Smith	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
When Porches fill with little feet... It's time to call out Trick or Treat 	1 Cheeseburger Sweet Potato Wedges Garden Bounty Salad Chilled Peaches Chocolate chip cookie	2 Chicken & Herbed Fettuccine KFC Coleslaw Mixed Vegetables Roll & Coconut Crème Pie <small>Simchat Torah</small>	3 Porcupine Meatballs Au Gratin Potatoes Green Beans Roll Apple Crisp	4 Bratwurst on a Roll w/Sauerkraut Potato Casserole Veggie Rocky Road Pudding	5 Potato Crusted Cod Rice Pilaf Carrots Banana Bread Chilled Pineapple	6 Weekend Grill 11-2 BLT Sandwich Pickles Chips Fruit Dessert
7 Weekend Grill 11-2 BLT Sandwich Pickles Chips Fruit Dessert	8 Oven Fried Chicken Mashed Potatoes Gravy Vegetables, Roll Mandarin Oranges Oatmeal Cookie <small>Columbus Day (US) Thanksgiving Day (Canada)</small>	9 Beef Stroganoff Egg Noodles Vegetables Roll Vanilla Wafer Pudding	10 Ground Beef Enchiladas Fiesta Rice Refried Beans Brownie	11 Baked Liver & Onions Vegetable Baked Potato Roll Peaches n Cream	12 BIRTHDAY FRIDAY!!!! Roast Beef Mashed Potatoes Gravy Vegetable Broccoli Craisin Salad Cake & Ice Cream	13 Weekend Grill 11-2 BBQ Bacon Burger Tomato, Pickles Chips Fruit Dessert
14 Weekend Grill 11-2 BBQ Bacon Burger Tomato, Pickles Chips Fruit Dessert	15 Spaghetti w/ Meat Sauce Vegetable Garlic Bread Chilled Pineapple Tidbits	16 Meatloaf Gravy Baked Potato Vegetable Roll Pineapple Upside Down Cake	17 Ham & Macaroni Bake Corn Tossed Green Salad Roll Peach Crisp	18 Ground Beef Tacos Salsa, Onions & Tomatoes Spanish Rice Cabbage Slaw Strawberry Jell-O	19 Fish-n-Chips Balsamic Glazed Green Beans Coleslaw Devil's Food Cake	20 Weekend Grill 11-2 Taco Salad Tomato Chips Fruit Dessert
21 Weekend Grill 11-2 Taco Salad Tomato Chips Fruit Dessert	22 White Bean Chicken Chili Topped w/Cheese Garden Bounty Salad Cinnamon Roll Fruit Cocktail	23 Pizza w/ Meat & Vegetables Caesar Salad Anytime Orange Salad	24 Cottage Pie Mushroom Gravy Vegetable Roll Brownie w/ Ice cream	25 BBQ Chicken Tossed Green Salad Baked Potato Vegetable Roll Jell-O	26 Lemon Cod Confetti Cole Slaw Roasted Red Potatoes Mixed Vegetable Strawberry Shortcake	27 Weekend Grill 11-2 Guacamole Burger Tomato, Pickles Chips Fruit Dessert
28 Weekend Grill 11-2 Guacamole Burger Tomato, Pickles Chips Fruit Dessert	29 Pork Wings Potato Salad Creamy Cole Slaw Garlic Roll Apple Pie	30 Sloppy Joe Steak Fries Baked Beans Peanut Butter Bar	31 Sweet-n-Sour Pork over rice Sesame Green Beans Roll Angel Food Cake with Berries <small>Halloween</small>	 <p>OCTOBER 2018 <i>Uinta Senior Center</i></p>		
All Meals served w/ Milk and Salad.... Menu is subject to change... \$3.00 Suggested Donation with a current AGNES						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30-day Lunch Passes & 30 Trip Bus Passes on Sale all Month \$75.00 all month 	1 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 11 am – Chair Yoga	2 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 9 am – Ceramics 11:45 am – Trivia 1 pm - Bingo	3 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 1 pm – Pinochle 1 pm – Swipe & Gripe	4 Continental Breakfast 7:30 – 9:00 am 9 am – Wii Bowling 11 am – Chair Yoga 1 pm – Swipe & Gripe 1 pm – Mexican Train & Regular Dominoes	5 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 1 pm - Bunco 	6 WEEKEND GRILL 11 am – 1 pm
7 WEEKEND GRILL 11 am – 1 pm	8 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 11 am – Chair Yoga 	Simchat Torah 9 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 9 am – Ceramics 11:45 am – Trivia 1 pm – Penny Bingo	10 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 1 pm – Pinochle 1 pm – Swipe & Gripe	11 Continental Breakfast 7:30 – 9:00 am 9 am – Wii Bowling 11 am – Chair Yoga 1 pm – Swipe & Gripe 1 pm – Mexican Train & Regular Dominoes	12 Continental Breakfast 9 am – Pool 1 pm – Bunco 5 pm – Bunco Potluck BIRTHDAY LUNCH	13 WEEKEND GRILL 11 am – 1 pm
14 WEEKEND GRILL 11 am – 1 pm	Columbus Day (US) Thanksgiving Day (Canada) 15 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 11 am – Chair Yoga 	16 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 9 am – Ceramics 11:45 am – Trivia 1 pm - Bingo	17 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 1 pm – Pinochle 1 pm – Swipe & Gripe	18 Continental Breakfast 7:30 – 9:00 am 9 am – Wii Bowling 11 am – Chair Yoga 1 pm – Swipe & Gripe 1 pm – Mexican Train & Regular Dominoes TRI-CITY POOL TOURNAMENT	19 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 1 pm - Bunco 	20 WEEKEND GRILL 11 am – 1 pm
21 WEEKEND GRILL 11 am – 1 pm	22 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 11 am – Chair Yoga SPOOK-TACULAR BINGO – 6 PM	23 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 9 am – Ceramics 11:45 am – Trivia 1 pm – Penny Bingo	24 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 1 pm – Pinochle 1 pm – Swipe & Gripe	25 Continental Breakfast 7:30 – 9:00 am 9 am – Wii Bowling 11 am – Chair Yoga 1 pm – Swipe & Gripe 1 pm – Mexican Train & Regular Dominoes	26 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 1 pm - Bunco 	27 WEEKEND GRILL 11 am – 1 pm
28 WEEKEND GRILL 11 am – 1 pm	29 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 11 am – Chair Yoga 	30 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 9 am – Ceramics 11:45 am – Trivia 1 pm – Penny Bingo	31 Continental Breakfast 7:30 – 9:00 am 9 am – Pool 1 pm – Pinochle 1 pm – Swipe & Gripe	 <p style="text-align: center;">OCTOBER 2018 Evanston Senior Center Activities</p>		

*** "YOU'RE NEVER TOO OLD TO BE YOUNG!" – Happy, Snow White and the Seven Dwarfs ***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Front Porch 1 Travelers 11:00 Walking 1:00 Bingo	9:00 In-House Pool 2 11:00 Walking 11:30 Trivia 1:00 Penny Bingo	10:00 Foot Rubs 3 10:30 Will Bowling 10:30 Chair Exer. 1:00 Hand & Foot 1:00 Swipe & Gripe	10:15 Line Dancing 4 1:00 Swipe & Gripe 1:00 Hand & Foot Pool Tournament @ Home	10:30 Will Bowling 5 1:00 Bingo	Public Breakfast 6
7	10:00 Front Porch 8 Travelers 11:00 Walking 1:00 Bingo	<i>Special Treat</i> 9:00 In-House Pool 9 10:00 Message w/ Jenny Geldert 11:00 Walking 11:30 Trivia 1:00 Penny Bingo	8:30 to 12:00 Flu 10 Clinic 10:00 Foot Rubs 10:30 Will Bowling 10:30 Chair Exer. 1:00 Hand & Foot 1:00 Swipe & Gripe	10:15 Line Dancing 11 1:00 Swipe & Gripe 1:00 Hand & Foot Pool Tournament @ Green River	10:30 Will Bowling 12 12:00 Birthday Dinner 1:00 Bingo Mixed Doubles	13
14	10:00 Front Porch 15 Travelers 11:00 Walking 1:00 Bingo	<i>Celebrate Day (US) Thanksgiving Day (Canada)</i> 9:00 In-House Pool 16 11:00 Walking 11:30 Trivia 1:00 Penny Bingo 1:00 Crafts	10:00 Foot Rubs 17 10:30 Will Bowling 10:30 Chair Exer. 1:00 Hand & Foot 1:00 Swipe & Gripe	10:15 Line Dancing 18 1:00 Swipe & Gripe 1:00 Hand & Foot 5:30 Pizza Bingo Tri-City Pool Tournament @ Kemmerer	10:30 Will Bowling 19 1:00 Bingo	20
21	10:00 Front Porch 22 Travelers 11:00 Walking 1:00 Bingo	9:00 In-House Pool 23 11:00 Walking 11:30 Trivia 1:00 Penny Bingo	10:00 Foot Rubs 24 10:30 Will Bowling 10:30 Chair Exer. 1:00 Hand & Foot 1:00 Swipe & Gripe 5:30 Harvest Ball	10:15 Line Dancing 25 1:00 Swipe & Gripe 1:00 Hand & Foot 6:00 Pot Luck Pool Tournament @ Rock Springs	10:30 Will Bowling 26 1:00 Bingo	27
28	10:00 Front Porch 29 Travelers 11:00 Walking 1:00 Bingo	9:00 In-House Pool 30 11:00 Walking 11:30 Trivia 1:00 Penny Bingo	10:00 Foot Rubs 31 10:30 Will Bowling 10:30 Chair Exer. 1:00 Hand & Foot 1:00 Swipe & Gripe	<h1>October 2018</h1> <h2>Bridger Valley Senior Center</h2>		

Bridger Valley Senior Center 330 2nd Street Mountain View, WY 82939 (307) 782-6502



A HUGE thank you to our amazing friends at **Bridger Valley Electric Association!**

If it wasn't for these amazing generous good hearted people our facility wouldn't be the same. We just can't thank BVEA and their team and families enough for their time and generosity. Time and time again they have come through for us here at Uinta Senior Citizens Inc. in the Bridger Valley.

Bobby, Jennifer, and Britney Larson
Trip Applequist,
Dale Madsen,
Dallas, Joni, Mackenzie, Gavin,
and Avery Sill,
Quint Ricketts,
Travis Condos,
Justin and Addelyn Sweep,

Jeremy Tysver,
Eldon McCreath,
Rick and Bobbie Maxfield,
Ruth Rees,
Val, Janet, Nicole, Austin, and Devin
Crook,
Randy and Slade Mair.



Bridger Valley Electric Association

P.O. Box 399 Mountain View, WY 82939 - Toll Free 800-276-3481

UINTA SENIOR CENTER PRESENTS BRANSON SHOW EXTRAVAGANZA!



Price includes:

- Motor coach transportation
- 8 Nights lodging, including 4 consecutive nights in the Branson area
- 14 Meals (8 breakfasts and 6 dinners)
- Admission to 7 fabulous Branson shows including: THE BLACKWOODS, AYO—VOICES OF GLORY, & DOWNHOME COUNTRY, "SAMSON" (Show at the Sight and Sound Theatre), "MILLION DOLLAR QUARTET" SHOW, & THE DUTTONS SHOW
- SHOWBOAT BRANSON BELLE

\$850*
9 DAYS 8 NIGHTS
(SAT-SUN)
MAY 18-26, 2019



Departure: Uinta Senior Center, 330 West 2nd St, Mountain View, WY @8:00 AM



For more information & reservations, contact Shellie Oliva @ (307) 782-6502

*\$75 Due Upon Signing. Price per person, based on double occupancy. Add \$240 for single occupancy. Final payment due: 3/11/2019

CAREGIVER
SUPPORT GROUP

2nd Thursday of each month
in Evanston
Thursday, September 13th
11:30 am
Uinta Senior Citizen Center
1229 Uinta St. Evanston, WY
Downstairs. Lunch available

3rd Thursday of each month
in Bridger Valley
Thursday, September 20th
10:30 am
Lyman ADC
216 W. Sage St.-Lyman, WY

Your peer support group allows you to express yourself, visit about problems you may be having, and learn about even more resources to help you.
For more information:

Pam - Evanston:
307-789-7712
Natasha - Mtn. View:
307-782-6502



Ambulance Fraud

- Falsifying documentation to provide the appearance of medical necessity, when medical necessity did not exist
- Billing for more miles than traveled for transport
- Billing nonemergency trips as emergency trips
- Billing the beneficiary instead of Medicare, even if the provider participates in Medicare and the trip met Medicare's coverage criteria



IS IT TIME TO SCHEDULE YOUR MAMMOGRAM?

GETTING A MAMMOGRAM
TAKES LESS TIME THAN
EVER BEFORE,

NEW DESIGNS MAKE THEM
LESS PAINFUL AND MOST
INSURANCE PLANS WILL
COVER THEM.

CALL 307-783-8196 TO
SCHEDULE YOUR
SCREENING MAMMOGRAM
TODAY



No more eXcuses.



A few fun dates for October

- 10/5 National Do Something Nice Day : Do something **sweet to put a smile on someone else's face**
- 10/7 National Inner Beauty Day : Beauty comes from within! Embrace it!
- 10/13 **"I love yarn day" : Make something cozy to keep you warm this fall!**
- 10/28 National Chocolate Day : Indulge yourself with a treat!
- 10/31 Happy Halloween!



HALLOWEEN FACTS



The first Jack O'Lanterns were actually made from turnips.

Halloween is thought to have originated around 4000 B.C., which means Halloween has been around for over 6,000 years.

What do you get if you divide the circumference of a jack-o'-lantern by its diameter? Pumpkin π .





UINTA B.O.C.E.S #1

Uinta County School District #1
Western Wyoming Community College
Evanston Campus

HIGHER EDUCATION

TEST PROCTORING

ONLINE EDUCATION

COMMUNITY EDUCATION

COLLEGE CAREER READINESS CENTER

INDUSTRIAL SAFETY TRAINING

ELECTRICAL

TRAINING INSTITUTE FOR PROFESSIONALS



**EDUCATING *OUR*
COMMUNITY**

307.789.5742
1013 W. CHEYENNE DRIVE
EVANSTON WYOMING 82930
UINTAEDUCATION.ORG

UINTA SENIOR CITIZENS
1229 Uinta St., Box 728
Evanston WY 82931



MISSION STATEMENT
Providing services that support and help the ability of elderly persons to live more stable,
independent and fulfilling lives in the community.