

UINTA SENIORS

November 2012



Providing services that support and help the ability of elderly persons to live more stable, independent and fulfilling lives in the community.

COMMUNITY THANKSGIVING DINNER

Uinta Senior Citizens Center of Evanston will be hosting the 14th annual *Community Thanksgiving Dinner* on Thanksgiving Day, November 22, 2012. Everyone is welcome to attend at no charge. Businesses and individuals in our communities have donated toward this worthwhile event and have made it possible for hundreds of people to enjoy a Thanksgiving dinner. If you are unable to leave your home, and would like a meal delivered to you, please call your Evanston Senior Center at 789-3553 no later than Thursday, November 15. This dinner is funded by community donations,

and served by caring volunteers. If you would like to donate toward this cause, or volunteer to assist with serving dinner, please call 789-3553. There is also a need for volunteers to participate with home delivery of this Thanksgiving feast. Dinner will be served from 11:00 a.m. to 1:00 p.m., with a traditional turkey dinner and all the trimmings on the menu. Uinta Senior Citizens staff and volunteers are committed toward providing a pleasant and satisfying experience for all those that choose to dine with us.

Events

November 3

Bridger Valley: Public Breakfast served from 8 AM to 10 AM

November 21

Bridger Valley: Birthday Party

November 22

Evanston: 14th Annual Community Thanksgiving Dinner served from 11 AM to 1 PM.

November 30

Evanston: Pinochle Potluck 5 PM

We have a new website!
Full list of events for both locations, menus and more are available
www.uintasenior.org

ACTIVITIES- EVANSTON

Senior Transportation

We provide senior transportation in Evanston.
Tuesday - Friday: 8 AM to 2 PM

Bridger Valley transportation:
10 AM - 2 PM

Appointments, shopping, banking, etc.
For more information, call Donna in Evanston
at 789-3553 or
Lisa in Bridger Valley at 782-6502.
\$4.00 *suggested* donation.



We will announce
Evanston Tournament
winners in a later
newsletter -
congratulations to all!

**WELLS
FARGO**



.....
: **Evanston & Bridger Valley Birthday Coupon!** :
:

(Please check one below)

___ Evanston ___ Bridger Valley

Your Name _____

• Bring this coupon to your senior center during your
• birthday month & receive a free meal!
•

Courtesy of Uinta Senior Citizens, Inc.

• AND...Silver Eagle Refining, Inc. of Evanston &
• Wells Fargo of Bridger Valley
•

Evanston Recreation Center Activities



Senior Water Exercise:
50 years or better.

Mon., Wed., & Fri., 9 AM

Senior admission rate is for those 60
years or better.

Senior Soak 'n Swim: No Charge for
60+ years. Tues. & Thurs., 11 AM -
1:30 PM (Use of the pool or walk the
track).

Happy Hiker Club: No Charge 60+
years. Free use of the walking track.

Obtain a Happy Hiker Club card
from the Evanston Senior Center.

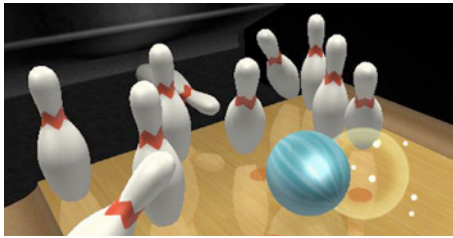
***Return your full card at the Senior
Center and receive a free meal
ticket!***

This newsletter is available for
download and in full color on our
website at

www.uintasenior.org/contact.html

ACTIVITIES- BRIDGER VALLEY

Tournament Winners for August 2012



Wii Bowling Tournament

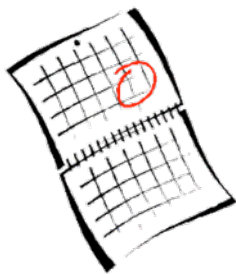
August 3
Sharon Andersen

August 10
Albert Covolo

August 17
Janice Clayton

August 24
Janice Clayton

August 31
**Janice Clayton & Barbara
Harvey had a tied game**



See our attached
calendars for detailed
information about menus
and activities!

In House Pool Winners

***Doubles ***

August 7
Don Stocks & Bill Logan

August 14
Mel Carillo & Carlene Walker

August 21
**Carlene Walker & Dick
Wentworth**

August 28
**Lawayne Hurdsman & Gary
Hegal**



Singles

August 7
Dick Wentworth

August 14
Bill Boling

August 21
Mel Carillo

August 28
Dick Wentworth

Solo Tournament Winners

August 13
1st Betty Sibert
2nd Jack Richardson
3rd Arlo Dean

August 27
1st Janice Clayton
2nd Arlo Dean
3rd Ann Covolo



Special Thank You!

Special Thanks to Marge Lammers, for her generous donations to our Bridger Valley Senior Center, and also Calvin and Odena Bluemel in honor of Roy Beck, Our Center truly appreciates your help.

OUR COMMUNITY

A Get Well Wish

For our seniors that have not been feeling well

Audrey Dunker

John Hoover

Keith Erickson

LaRae Logan

Katherine Covolo

Duane Carpenter

Lola Hamilton

Please get to feeling better!!



Bridger Valley Birthdays

Edith Brewer
Bonnie Byrne
Sharol Carroll
Roy Collins
Stanley Condos
Arlo Dean
Ron Doggendorf
Glenna Folanini
Delbert Gilley
Rickie Hoopes
Terry Horrocks
Leslie Hysell
Ginger Lester
Rosemary
Livingston
William Logan

Virginia Norton
Kathleen Pena
James Petersen
Doral Porter
Vivian Reilly
John Richardson
Jerry Russell
Peggy Schell
Johnathon
Shurtleff
Lee Stoddard
Robert Stoddard
Louise Stringer
Lynne Thomas
Sherry Timmons
Mark Walker

Evanston Birthdays

Melba Amsler	Sandra Meyer
Ruth Avants	Joan Pepper
June Bailey	Doris Ricketts
Laurie Bateman	Marion Schielack
David Bennett	Will Shipmen
Roxy Cantu	Mary Simm
Johnny Crangle	Michael Simmons
Walt Everton	Blanche Smith
Joe Frantzen	Mike Steffell
Helen French	Mariel Timperley
Delphine Gregg	Pat Walker
Carpun Harbert	Eunice Warren
David Hart	Penny Workman
Lillian Hayes	Rocky Young
Adon Jaramillo	
Darrell Johnson	
Linda Lewis	



IN MEMORIAM

Uinta Senior Center extends our
condolences to those who have lost
loved ones.

Clair Burnett

Chuck Burnett and family
We are very sorry for your loss.

OUR COMMUNITY

Activity Committee

October 9, 2012

One thing we want to plan is a special celebration for our veterans on November 13. Other items discussed were getting the sidewalk repaired and better lighting at the door and in the driveway. Invite a friend week will have a different theme for each day and be held November 26 through 30.

We would like more activities held at the center, so any suggestions would be appreciated. Once a month free meal tickets for a chosen table, changing tablecloths in the dining room and suggestions for the kitchen staff were also on the agenda. Some would like a shopping trip into Salt Lake before Christmas. Also suggested was making sure everyone knows what time the games start after lunch.

Barb would like to celebrate more weird or special days in each month, also some type of contest to raise money for the center. Another thing brought up was inviting other senior centers to our place for tournament games.

Attending the meeting were Barb Bauer, Mary Simm, Ruth Anderson, Charlene Stam, Deb Terech and Cherisa Spatig. Please contact any of these people with your suggestions or comments.

Do you have questions, comments or suggestions about activities?

Please contact us!

**Evanston Senior Center
1229 Uinta Street, Evanston WY 82930
307-789-3553**

Activity Committee - BV

September 29, 2012

Our calendar was filled out. Kris wanted our input in various things, such as if we wanted prizes for walking. We discussed that there were too many bingo days to be able to incorporate other activities. We need some sign up sheets for different activities. It was reported that we have new tires for our bus and that it had been repaired. Karen asked about the name change from site to activities. Kris told us that it was to eliminate the confusion about our purpose.

The public breakfast will be held October 6. Jessica and her husband will cook, Bonnie will serve. Bonnie and Odena will do the birthday calling. Sharon offered to help. Lil's still not feeling well, and may resign her position on the counsel. Pizza and Bingo on October 12. The time 5:30 We decided to buy our own from Pizza Hut. There will be a sign up sheet and we will pay \$3 per person in advance. Kris will call for bingo. There will be a Halloween Party and a Cake Walk.

The Foot Clinic will be held Wednesday, the 24th. Stan suggested a pool tournament for the ladies?? Some are still interested. Lisa was introducing Bunko and Yahtzee, which we will try. A motion was made by Stan to adjourn, second by Janice.

Present: Bonnie Byrne, Stan & Sharon Walker, Odena Bluemel, Karen Able, Janice Clayton, President, Activities Director, Lisa Woody, Kris Stringer, Director and Peggy Schell, Board Member.
Absent: Lil Angwin, Ann Covolo, LaWayne Hurdsman
Minutes were read by Bonnie. Approved 1st Odena, 2nd by Sharon.

Our next meeting will be October 29, 2012.

BOARD MINUTES

UINTA SENIOR CITIZENS, INC.
September 19, 2012
Evanston Senior Center

PRESENT: Georgia Harvey, Marilyn Rudy, Rex Porter, Darrell Johnson, Peggy Schell, and Mike Pexton

EXCUSED: Toni Bradford

STAFF: Sarah Blakeman, Kris Stringer, Debbie Terech, Mark Smith, Donna Ludvigson, and Cheris Spadig

CALL TO ORDER: Meeting called to order by Georgia Harvey, Chairman of the Board at 9:02 a.m.

Georgia asked for a motion to approve the agenda with flexibility. There were none. **A motion was made by Peggy to approve the agenda. Darrell seconded. All approved.**

Georgia asked to approve the minutes as written. No addition or corrections. **Motion by Marilyn. Seconded by Peggy. Approved.**

Public Comments: Georgia had Mike read a statement before the public comment. All speakers will state name, address and phone number for the public record. Mike read the statement. Speakers will have to say their name, address, and phone number for the public record. Board Meetings will be recorded. Speakers: Loretta Oliver, Jan McClintic, Dodie Horton, Sammie Weathersby, Doris McIntire, and Tom Dunlavy. Discussion with public comment.

NEW BUSINESS:

INVESTMENTS: John Phillips. Discussion on portfolio and money markets. Explained Kirlen and non Kirlen accounts. Details and discussions.

Discussion about the petition. Cuts 18% for each the C-1 and C-2 programs. 8% cuts for both the 3-B and 3-E except for USCI.

BUDGET: Discussion to table and reschedule a budget meeting. There will be an executive meeting after. Scheduled for Wednesday, September 26, 2012 9:00 a.m.

FINANCIAL REPORTS: Sarah Blakeman. Financials will be discussed with the budget.

SITE MANAGERS REPORT: Kris Stringer. Kris talked about the fundraiser at the school in Fort Bridger. There was a good turn out but there were some problems and issues such as the weather. There will be a team meeting to improve next years fundraisers.

DIRECTOR'S NOTES: Sarah Blakeman. New web pages are being built for both the Senior Centers and Home Health. There will be a suggestion button and a referral button. They will be linked together. Sarah talked about the new logo and new colors for the company. Brown and gold are the new colors and the logo has the Uinta Mountains with the sun behind it.

Meeting adjourned at 11:55 a.m.

Next Board meeting will be October 17, 2012 at 9:00 am at the Bridger Valley Senior Center.

ABOUT US



UINTA Uinta Senior Citizens, Inc. Board of Directors

Georgia Harvey - Chairperson

Rex Porter - Vice Chairperson/
Secretary/Treasurer

Darrell Johnson

Peggy Schell

Mike Pexton

Marilyn Rudy

Toni Bradford

Contact Us

Please visit our website for more
information.

www.UintaSenior.org

Our Volunteers and how you can get involved

Evanston Volunteers

Ray Simm,
Mitch Mayer,
Mary Simm,
Glenna Richins,
Pearl Bloms,
Earl Hutchinson,
Lori Oliver,
Sammie
Weathersby,
Casey Davis,
LaRue Andrews,
Eunice Warren,
Ruth Anderson,
Doris Ricketts,
Jan McClintic,
Donna Clyne,
Ralph Tolle,
Allen Hutchinson,
Darrell Johnson,

Sammy Barton,
Joyce Morrow,
Peggy Walker,
Suzanne MacEwen,
Louis Tierno,
Lillian Yates,
Kitty Tierno,
Phyllis Lewis,
Joyce Garcia,
Lona Martinez,
Jack Clyne,
Don Bloms,
Charlene Stam,
Sharyl King,
Shirley Campbell,
Rich Havig

Myrna Lupher,
Peggy Schell,
Mark Walker, Hope
& Joe Reynolds,
Don & JoAnn
Carpenter,
Jim & Lynne
Thomas,
Odena Bluemel,
Betty Sibert,
Becky Oehler,
Vivian & Dennis
Reilly,
Ginger Lester,
Michelle Simpson,
Robert & Sherry
Timmons

Bridger Valley

Vicki Benson,
Halbert Morehouse,

Rent our Facilities!

Birthday Party! Anniversary Party!
Meetings!

Uinta Senior Citizens Center of
Evanston has several rooms available
for rent.

Small meeting room: \$25.00 Large
meeting room: \$50.00 Dining room &
kitchen: \$100.00

Refundable cleaning deposit of
\$50.00 required. To reserve your
room, or for further information, call
789-3553.

Evanston Activity Committee

Lori Oliver
Casey Davis
Suzanne MacEwen
Charlene Stam
Ruth Anderson

Bridger Valley Activity Committee

Ann Covolo
Bonnie Byrne
Karen Abel
Lawayne Hurdsman
Sharon Walker
Stan Walker
Lil Angwin
Odena Bluemel
Janice Clayton

Evanston donations

Donations received for: Elaine
Michaelis, Debra Green, Laura
Hughes

Donations received for: Blaine
Morgan, William Lester, Afton Riley,
Edna Slagowski *from:* Ada & Durene
Hutchinson

Donations received for: Roy Beck
from: Kenneth Allen, Ricki Allen,
James & Lynn Nebeker, Richard &
Danielle Kidd and Tegeler &
Associates

PHOTOS



We wish to thank these local businesses for supporting the Senior Center.

Please show your support by mentioning this Ad!



Curves



Smith's
FOOD & DRUG STORES

70 Yellow Creek Rd
Evanston, WY 82930

Phone: (307) 789-0532
Fax: (307) 789-0801



PARNELL'S
GLASS & BODYWORKS

201 Bear River Dr. • Evanston, WY 82930
parnellsg@gmail.com • (307) 789-1002 • Fax (307) 789-4143

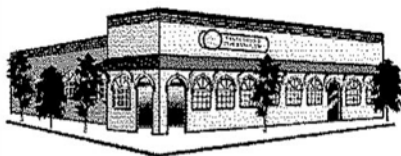


*Specialty Care
Close to Home*
DR. GORDON OLSEN

Orthopedic Surgeon

Fracture Care, Arthritis, Sports Injuries and Arthroscopic Surgery
1485 South Hwy 40, Suite D. Heber City, UT 84032
170 Arrowhead Dr. Evanston, WY 82930

Heber City 435-654-6360 After Hour Emergency 435-671-3250 Evanston 307-789-0096



**UINTA TITLE &
INSURANCE, INC.**

1048 Main Street
Evanston, Wyoming 82930
(307) 789-1777
(307) 789-8549 (FAX)

email: mail@uintatitle.com

Brandon T. Day
Financial Advisor

Edward Jones

MAKING SENSE OF INVESTING

170 Yellow Creed Rd., Ste. A
Evanston, WY 82930
Bus. 307-789-0925
Fax 877-335-9529
brandon.day@edwardjones.com
www.edwardjones.com



Mike Jacketta, DPT, OCS

Call us today for an appointment!

Evanston Clinic
(307)789-8860

Bridger Valley Clinic
(307)786-4460

www.wyomingpt.net



Burley Williams
217 Bear River Dr.
Evanston, WY 82930
(307) 789-8632
1-800-531-7885
Cell: (307) 679-0671

GOOD YEAR
BANDAG BRIDGESTONE

Menus

Nov 2012 (Mountain Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
	Roast Turkey Strawberry Jell-O , Wheat Roll , Peas & 8am - Breakfast	Lasagna , Garlic Peas , Cookie Under Sea Salad 7:30am - Continenta	Mixed Fruit , Cherry Taco Salad , Refried 7:30am - Continenta	Herb Rice & Stuffed Mixed Veggies , Pie & Bread 7:30am - Continenta	Country Fried Steak, Pineapple , Roll Spinache & Cookie 7:30am - Continenta	
4	5	6	7	8	9	10
	Baked Potato , Pork Broccoli , Coleslaw , Jell-O w/ Bananas 8am - Breakfast	Spaghetti , Italian Under Sea Salad , Up Side Down Cake 7:30am - Continenta	Meat Loaf , Fu Fu Mixed Veg. , Tossed Raisin Bread & 7:30am - Continenta	Roast Turkey Roll , Carrots , Scalloped Potatoes , 7:30am - Continenta	Roast Beef , Mashed Spinach , Jell-O w/ 7:30am - Continenta 5pm - Bunco Potluck	
11	12	13	14	15	16	17
	Beef Welling / Green Peas , Sweet Perfection Salad , 8am - Breakfast	Beef Stoganoff w/ Coleslaw , Apricots Green Beans & 7:30am - Continenta	Fried Chicken , Gravy , Peas & Jell-O Salad ,Biscuit 7:30am - Continenta	Lasagna , French Mixed Fruit & Pie Mixed Veg. Tossed 7:30am - Continenta	Peas & Mushrooms , Rice Pudding , Corn Yams , Fruit Cocktail 7:30am - Continenta	
18	19	20	21	22	23	24
	Chicken Chow Mein Egg Roll , Fried Rice Fortune Cookie Jell-O Salad & 8am - Breakfast 9:30am - SD Pool	Bread & Cookie Rice , Broccoli , Jell- Salisbury Steak w/ 7:30am - Continenta	Hamburger , Baked Peaches , Asparagus Tossed Salad 7:30am - Continenta	Turkey Dinner With All the	CLOSED	
25	26	27	28	29	30	1
	Baked Potatoe , BBQ Jell-O Salad , Mixed Plums & Bread 8am - Breakfast	Cabbage Roll , Tater Cottate Cheese & Roll & Cookie 7:30am - Continenta	Chili , Corn Bread Pineapple Relish Tray , 7:30am - Continenta	Baked Ham & Baked Roll , Apricots Tossed Salad & Pie 7:30am - Continenta	Chicken Fried Steak Mashed Potatoe w/ Pineapple , Spinach Roll & Cookie 7:30am - Continenta	

Evanston Activities

Nov 2012 (Mountain Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
	11 am - Craft Class	10 am - Ceramics 11 am - Coffee Hour 11 am - Senior 12 pm - Aerobics 1:45 pm - Penny	10 am - In House 12 pm - Aerobics 2 pm - Cards / 6 pm - Halloween	10 am - Wii Bowling 1 pm - Lunch 2 pm - Cards / 2 pm - Mixed Pool 7 pm - Community	10 am - AARP @ 1 pm - Lunch 2 pm - Bunco	
4	5	6	7	8	9	10
	9:30 am - SD Pool 5 pm - Dinner	10 am - Coffee Hour 11 am - Aerobics 12 pm - Lunch 12:45 pm - Bingo	9 am - In House Pool 11 am - Aerobics 12 pm - Lunch 1 pm - Cards /	9 am - Wii Bowling 12 pm - Lunch 1 pm - Cards / 1 pm - Mixed Pool 6 pm - Community	12 pm - Birthday 12 pm - Lunch 1 pm - Bunco 5 pm - Bunco Potluck	10:30 am - Oliver
11	12	13	14	15	16	17
	9:30 am - Ladies 5 pm - Dinner	9 am - Ceramics 10 am - Coffee Hour 11 am - Aerobics 12 pm - Lunch 12 pm - Veteran's 12:45 pm - Penny	9 am - In House Pool 11 am - Aerobics 12 pm - Lunch 1 pm - Cards /	9 am - Wii Bowling 9:30 am - Tri ~City 12 pm - Lunch 1 pm - Cards / 1 pm - Mixed Pool 6 pm - Community	12 pm - Lunch 1 pm - Bunco	
18	19	20	21	22	23	24
	9:30 am - SD Pool 5 pm - Dinner & Buck	10 am - Coffee Hour 11 am - Aerobics 12 pm - Lunch 12:45 pm - Bingo	9 am - In House Pool 11 am - Aerobics 12 pm - Lunch 1 pm - Cards /	11 am - Community	Closed	
25	26	27	28	29	30	1
	9:30 am - Ladies 10 am - Craft Class 12 pm - Bring a	9 am - Ceramics 10 am - Coffee Hour 11 am - Aerobics 12 pm - Bring a 12 pm - Lunch 12:45 pm - Penny	9 am - In House Pool 11 am - Aerobics 12 pm - Bring a 12 pm - Lunch 1 pm - Cards /	9 am - Wii Bowling 12 pm - Bring a 12 pm - Lunch 1 pm - Cards / 1 pm - Mixed Pool 6 pm - Community	12 pm - Bring a 12 pm - Lunch 12:30 pm - Banana 1 pm - Bunco 5 pm - Pinochle	

Bridger Valley Activities

Nov 2012 (Mountain Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
	12:15pm - Walk Fit	11am - In House 12:15pm - Walk Fit 2pm - Penny Bingo	11am - VSO 1pm - Halloween	10am - Tri City East 11:30am - Line	11:30am - Wii 1:30pm - Banana 2pm - Hand & Foot	9am - Public
4	5	6	7	8	9	10
	11:15am - Walk Fit 1pm - Dominoes	10am - In House 11:15am - Walk Fit 1pm - Penny Bingo	10am - VSO 1pm - Swipe & Gripe	10:30am - Line 1pm - Hand & Foot	10:30am - Wii 1pm - Bunco 5:30pm - Pizza /	
11	12	13	14	15	16	17
	9:30am - Solo 11:15am - Walk Fit 1pm - Hand Clinic	9am - Hearing Aid 10am - In House 11:15am - Walk Fit	10am - VSO 1pm - Bingo	10:30am - Line 1pm - Hand & Foot	9am - Craft Fair 10:30am - Wii	
18	19	20	21	22	23	24
	11:15am - Walk Fit 1pm - Renny Bingo	10am - In House 11:15am - Walk Fit 1pm - Hand & Foot	10am - VSO 12pm - Birthday 1pm - Swipe & Gripe	Closed	Closed	
25	26	27	28	29	30	1
	9:30am - Solo 11am - Walk Fit 11:15am - Walk Fit 1pm - Activity	10am - In House 10am - In House 11am - Shopping in 11am - Walk Fit 11:15am - Walk Fit	10am - VSO 10am - VSO 1pm - Foot Clinic 1pm - Swipe & Gripe	10:30am - Line 10:30am - Line 1pm - Pinochle	10:30am - Wii 10:30am - Wii 1pm - Yautzee	